

Bachelor of Science: Degree Requirements
Nutrition Option – Main Campus
2020-2021 Catalog

Name: _____

SID#: _____

PRE-MAJOR REQUIREMENTS

ADMIT CRITERIA

✓	Course Name	Units	Semester Taken	Transfer Course?
	NSC 101 – Introduction to Human Nutrition *	3		
	NSC 225 – Foundational Skills in Nutritional Sciences	2		
	NSC 260 – Nutrition Communication and Scientific Literacy	3		
	NSC 301 – Nutrition and the Life Cycle	3		
	NSC 396A – Survey of Nutrition Careers	1		
	CHEM 151 or CHEM 141 & CHEM 143– General Chemistry I	4		
	CHEM 152 or CHEM 142 & CHEM 144 – General Chemistry II	4		
	MCB 181R – Introductory Biology I	3		
	MCB 181L – Introductory Biology I Lab	1		
	MIC 205A – General Microbiology	3		
	MIC 205L – General Microbiology Lab	1		
	PSIO 201 – Human Anatomy and Physiology I **	4		
	PSIO 202 – Human Anatomy and Physiology II	4		

Notes:

* Requires a “B” or better for graduation

** PSIO 201 or PSIO 380 may be taken

NUTRITIONAL SCIENCES MAJOR REQUIREMENTS

GENERAL EDUCATION REQUIREMENTS

AGEC Completed? (for transfer students only) Yes or No

✓	Course Name	Units	Semester Taken	Transfer Course?
	ENGL 101 or ENGL 107 or ENGL 109H – First Year Composition	3		
	ENGL 102 or ENGL 108 – Second Year Composition	3		
	Second-Semester Proficiency in Second Language ***	0-8		
	Tier I Individuals & Societies – 150A, 150B, or 150C	3		
	Tier I Individuals & Societies – 150A, 150B, or 150C	3		
	Tier I Traditions & Cultures – 160A, 160B, 160C, or 160D	3		
	Tier I Traditions & Cultures – 160A, 160B, 160C, or 160D	3		
	Tier II Arts	3		
	Tier II Individuals & Societies	3		
	Tier II Humanities	3		
	Diversity Emphasis (Certain Tier I & II courses can also be used to satisfy this requirement.)	0-3		

NUTRITIONAL SCIENCES: NUTRITION OPTION

2019-2020 Catalog

KEY

~ - Refer to approved list of elective options
 * - Course is only offered in the semester indicated
Bold - Must earn B or better to graduate
Italics - Highly recommended

CONTACT NSC ADVISORS

nscadvising@email.arizona.edu | 520-621-2017
 Student Nutrition Advising Center (SNAC) - Shantz 238

YEAR 1

FALL ____				SPRING ____			
ENGL	101	English Composition	3	ENGL	102	English Composition	3
MATH	112	College Algebra	3	NSC	225	Foundational Skills	2
NSC	101	Intro to Human Nutrition	3	<i>CLAS</i>	<i>116B</i>	<i>Medical Terminology</i>	3
NSC	396A	Career Seminar	1	MIC	205A	Microbiology	3
CALS *	195C	Academic Success	1	MIC	205L	Microbiology Lab	1
		Tier I INDV	3			Choose from "Statistics" list	3+
<u>16</u>				<u>16</u>			

YEAR 2

FALL ____				SPRING ____			
CHEM	151	General Chemistry I	4	CHEM	152	General Chemistry II	4
PSIO	201	Anatomy & Physiology	4	PSIO	202	Anatomy & Physiology	4
NSC	301	Nutrition & the Life Cycle	3	NSC	260	Nutrition Communication	3
		Tier I TRAD	3	NSC	395A	Experiential Learning	2
		Tier I INDV	3			Tier I TRAD	3
<u>17</u>				<u>16</u>			

YEAR 3

FALL ____				SPRING ____			
CHEM	241A	Organic Chemistry I	3			Choose from "Science Elective" list~	3
NSC	351R	Fund of Food Science	3	NSC	308	Nutrition & Metabolism	3
MCB	181R	Intro Biology	3			Elective~	3
MCB	181L	Intro to Biology Lab	1			Elective~	3
		Elective~	3			Tier II HUM	3
		Tier II ARTS	3			Tier II INDV	3
<u>19</u>				<u>18</u>			

YEAR 4

FALL ____				SPRING ____			
BIOC	385	Metabolic Biochemistry	3	BIOC	384	Foundations in Biochem	3
NSC	408	Nutritional Biology	3	NSC	410	Applied Nutrition & Disease	3
		Elective~	3			Elective~	3
		Elective~	3			Elective~	3
		Elective~	3			Elective~	3
<u>15</u>				<u>15</u>			

GENERAL EDUCATION REQUIREMENTS

Double check gen-eds on Advisement Report

Tier I - General Education Courses		
INDV	150's	3
INDV	150's	3
TRAD	160's	3
TRAD	160's	3
Tier II - General Education Courses (upper division recommended)		
ARTS	300's	3
HUM	300's	3
INDV	300's	3

One gen-ed course must have a **diversity emphasis**

OTHER COURSES REQUIRED FOR MAJOR

2nd Semester Proficiency in a 2nd Language

Complete one of the following:
 a. Pass a language proficiency exam at 2nd semester level
 b. Complete courses through 2nd semester proficiency

Statistics (Choose ONE)

AREC	239	Intro to Statistics & Data	4
MATH	163	Basic Statistics	3
MATH	263	Biostatistics	3
SBS	200	Intro to Statistics	4

This sheet is provided as a guide only. Meet with your academic advisor to regularly monitor your progress in the major.